

Table of Contents

Chapter 1 Nutrigenomics: Opportunities and Challenges	1
Kenneth Kornman and Colleen Fogarty	
Chapter 2 Gene–Diet Interactions, Blood Lipids, and Cardiovascular Disease Risk: The Rise of Nutrigenetics	11
Jose M. Ordovas	
Chapter 3 Diet–Disease Interactions at the Molecular Level: An Experimental Paradigm....	23
Jim Kaput	
Chapter 4 Anti-Inflammatory Phytochemicals: <i>In Vitro</i> and <i>Ex Vivo</i> Evaluation	41
Marc Lemay	
Chapter 5 Lipid Peroxidation, Gene Expression, and Resveratrol: Implications in Atherosclerosis	61
Ozgur Kutuk, Dilek Telci, and Huveyda Basaga	
Chapter 6 Adipose Tissue Gene Expression in the Context of Inflammation and Obesity....	83
Philip A. Kern	
Chapter 7 Gene–Environment Interactions in Obesity: Implications for the Prevention and Treatment of Obesity	97
Louis Pérusse	
Chapter 8 Saturated Fat Consumption in Ancestral Human Diets: Implications for Contemporary Intakes	115
Loren Cordain	
Chapter 9 Plant-Based Diets and Prevention of Cardiovascular Disease: Epidemiologic Evidence.....	127
Frank B. Hu	

Chapter 10	
Evolutionary Aspects of Diet, the Omega-6/Omega-3 Ratio, and Gene Expression	137
Artemis P. Simopoulos	
Chapter 11	
Beyond Fiber: Whole Grains and Health.....	161
Joanne Slavin	
Chapter 12	
Molecular Activities of Vitamin E	175
Jean-Marc Zingg and Angelo Azzi	
Index	207